

DOCUMENTARY

A BITTER FOG — A STORY OF FIBROMYALGIA

Today, an estimated 3–6% of the world population has fibromyalgia. Additionally, a large percentage of affected people are not diagnosed. Often referred to as the "invisible illness," fibromyalgia, like many auto-immune diseases, is widely misunderstood. (Source: NFMCPA)

The goal for this short documentary is to introduce fibromyalgia to the world as it never has been before. It will give viewers a chance to meet people who have fibromyalgia, hear their stories and hopefully obtain a deeper understanding of what it really means to live with an auto-immune disease. This film gives hope, support, and inspiration to those who suffer from fibromyalgia.

What will be covered in the film?

- ✓ Greg's story:
 - ✓ Breakdown, loss and illness.
 - ✓ Living with fibromyalgia (resources, myths, recommendations).
- ✓ Interviews with women who have fibromyalgia from around the world
- ✓ Interviews with men who have fibromyalgia from around the world which is rare. 1/10 of people diagnosed are men.
- ✓ Interviews with friends and family of those who have fibromyalgia.
- ✓ Explanation and overview of the illness (symptoms, treatments, daily life).
- ✓ Interviews with doctors, specialists, National Fibromyalgia Association.

What is the message?

- ★ Fibromyalgia awareness and education for the public.
- ★ Acknowledgement to those with fibromyalgia.
- ★ Inspiration for others to share their story.

FILM INDUSTRY SUPPORT

- ✓ Southern Oregon Film and Media (SOFAM).
- ✓ Reel House Films: Owner and Director, Sean Marc Nipper.
- ✓ Cinematographer Chris Vanderschaaf.